



# GRAY DIVORCE FINANCIAL PLANNING

*Leave and Don't Lose Your Assets*

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Blog: *The Gray Girlfriends' Guide to Divorce*

## Spending Plan

Pre-Divorce

Post-Divorce

*(check one)*

	Monthly	Annual		Monthly	Annual
<b>Home Expenses</b>			<b>Transportation</b>		
Rent/Mortgage	\$ _____	\$ _____	Auto Payment	\$ _____	\$ _____
Homeowners Association Fees	\$ _____	\$ _____	Fuel	\$ _____	\$ _____
Home Equity Loan	\$ _____	\$ _____	Repair/Maintenance	\$ _____	\$ _____
Property Taxes	\$ _____	\$ _____	License	\$ _____	\$ _____
Telephone	\$ _____	\$ _____	Taxis & Public Transit	\$ _____	\$ _____
Cell Phone	\$ _____	\$ _____	<b>Total Transportation</b>	\$ _____	\$ _____
Internet	\$ _____	\$ _____			
Security System	\$ _____	\$ _____	<b>Miscellaneous</b>		
Cable/Satellite	\$ _____	\$ _____	Postage	\$ _____	\$ _____
Electricity	\$ _____	\$ _____	Gifts/Holiday Expenses	\$ _____	\$ _____
Gas	\$ _____	\$ _____	Supplements/Non-Prescription Drugs	\$ _____	\$ _____
Water/Garbage	\$ _____	\$ _____	Toiletries	\$ _____	\$ _____
Lawn Maintenance	\$ _____	\$ _____	Beauty: hair/nails/spa	\$ _____	\$ _____
General Home Repair	\$ _____	\$ _____	Pet Care	\$ _____	\$ _____
Home Improvement	\$ _____	\$ _____	Books/Newspapers/Magazines	\$ _____	\$ _____
Housecleaning	\$ _____	\$ _____	Donations	\$ _____	\$ _____
Miscellaneous Household/Pool	\$ _____	\$ _____	Membership Clubs	\$ _____	\$ _____
<b>Total Home Expenses</b>	\$ _____	\$ _____	Miscellaneous	\$ _____	\$ _____
			<b>Total Miscellaneous</b>	\$ _____	\$ _____
<b>Food</b>					
Groceries	\$ _____	\$ _____	<b>Other Payments</b>		
Dining Out	\$ _____	\$ _____	Quarterly Taxes & Add'l Tax Pymts	\$ _____	\$ _____
<b>Total Food</b>	\$ _____	\$ _____	Spousal Support Payments	\$ _____	\$ _____
			Child Support Payments	\$ _____	\$ _____
<b>Clothing</b>			Eldercare Expenses	\$ _____	\$ _____
Clothing	\$ _____	\$ _____	Professional Fees (CPA, Financial, Legal)	\$ _____	\$ _____
Laundry/Dry Cleaning	\$ _____	\$ _____	Service Fees	\$ _____	\$ _____
<b>Total Clothing</b>	\$ _____	\$ _____	<b>Total Other Payments</b>	\$ _____	\$ _____
<b>Entertainment/Recreation</b>			<b>TOTAL EXPENSES (excluding Child-related)</b>	\$ _____	\$ _____
Entertainment (excludes dining out)	\$ _____	\$ _____			
Videos/CDs/DVDs	\$ _____	\$ _____	<b>Child-Related Expenses</b>		
Hobbies	\$ _____	\$ _____	Education/Tuition	\$ _____	\$ _____
Movies & Theater	\$ _____	\$ _____	School Lunches	\$ _____	\$ _____
Vacations/Travel	\$ _____	\$ _____	Counselor	\$ _____	\$ _____
Classes/Lessons	\$ _____	\$ _____	Sports/Camps/Lessons	\$ _____	\$ _____
<b>Total Entertainment/Recreation Expenses</b>	\$ _____	\$ _____	Hobbies/Field Trips/School Activities	\$ _____	\$ _____
			Toys/Games	\$ _____	\$ _____
<b>Medical (not covered by insurance; excludes children)</b>			Boy Scout/Girl Guide Dues	\$ _____	\$ _____
Physicians	\$ _____	\$ _____	Clothing	\$ _____	\$ _____
Dental/Orthodontist	\$ _____	\$ _____	Medical	\$ _____	\$ _____
Optometry/Glasses/Contacts	\$ _____	\$ _____	Dental/Orthodontics*	\$ _____	\$ _____
Prescriptions	\$ _____	\$ _____	Optometry/Glasses/Contacts*	\$ _____	\$ _____
<b>Total Medical Expenses</b>	\$ _____	\$ _____	Prescriptions*	\$ _____	\$ _____
			Allowances	\$ _____	\$ _____
<b>Insurance</b>			Miscellaneous/Haircuts	\$ _____	\$ _____
Life Insurance	\$ _____	\$ _____	<b>Total Child-Related Expenses</b>	\$ _____	\$ _____
Health	\$ _____	\$ _____			
Disability	\$ _____	\$ _____	*Not Covered By Insurance		
Long term Care	\$ _____	\$ _____			
Home	\$ _____	\$ _____	<b>TOTAL EXPENSES (including Child-related)</b>	\$ _____	\$ _____
Auto	\$ _____	\$ _____			
Other (umbrella, boat, lakehouse, etc.)	\$ _____	\$ _____			
<b>Total Insurance Expenses</b>	\$ _____	\$ _____			

**NOTE:** Make two copies of this worksheet, one for Pre-Divorce spending and one for Post-Divorce spending.